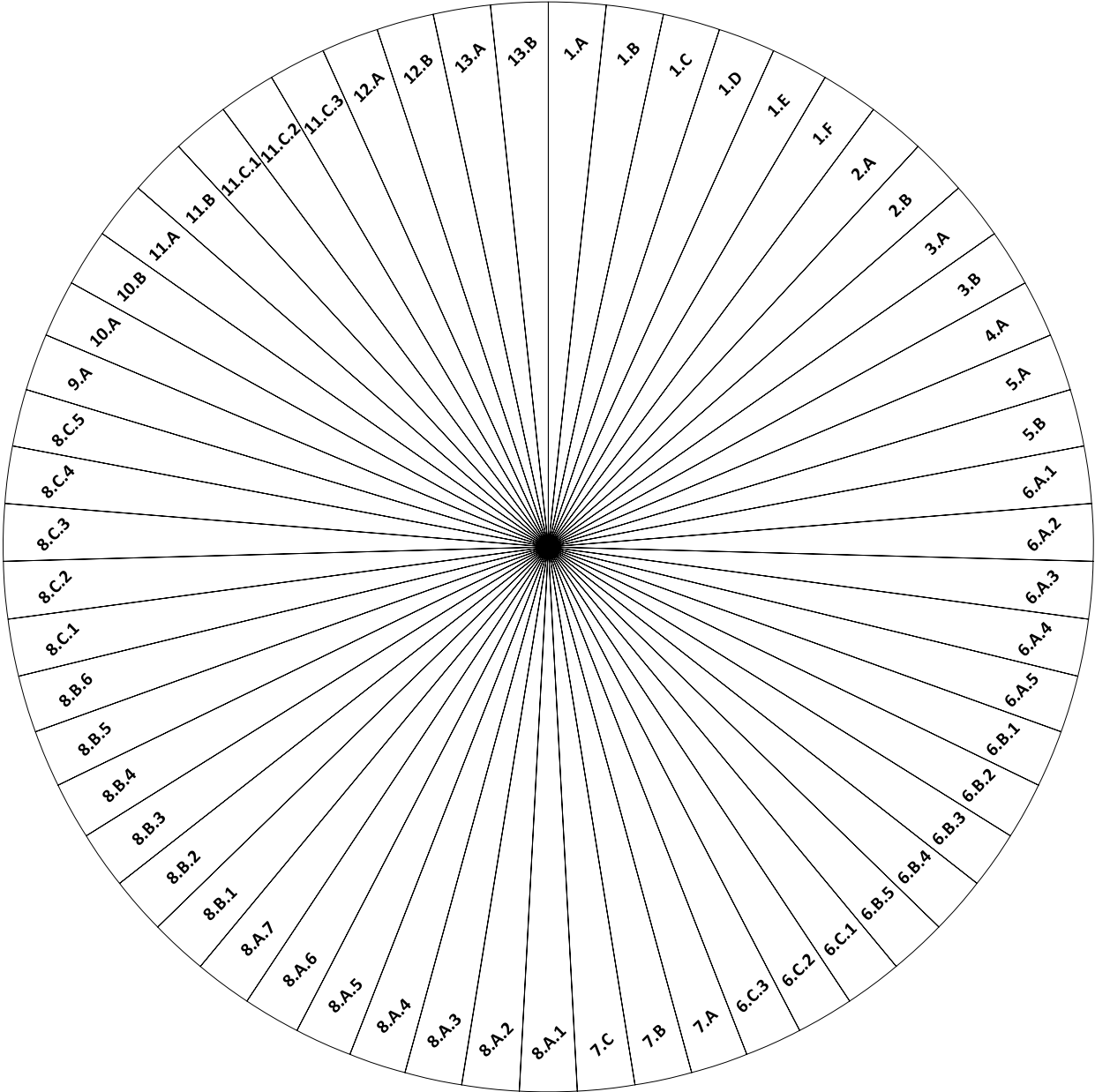


BodyTalk



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1. Essential general treatments
 - A. Spheno-Basilar joint
 - B. Switching
 - C. Basic cortex correction
 - D. Hydration
 - E. Scars and clothing
 - F. Basic brain balancing
2. Organs
 - A. Linking the organs (lungs, heart, liver, gall bladder, stomach, pancreas, small intestine, colon, kidney, bladder)
 - B. Linking the organs to the central nervous system
3. Endocrine
 - A. Linking the endocrine glands (pineal, pituitary/hypo thalamus, thyroid, thymus, spleen, adrenals, ovaries, testes)
 - B. Linking the endocrine glands to the central nervous system
4. Body parts
 - A. Linking all the body parts
5. Body Chemistry (saliva)
 - A. Treating viruses, infections, parasites, food intolerances, accumulated toxins, and allergies
 - B. Linking them to the rest of the system and emotions where necessary
6. Emotional
 - A. Present
 1. Heart (self-esteem, love issues)
 2. Pelvis (sensuality and sexuality issues)
 3. Body image, body acceptance
 4. Relationships
 5. Current life situations
 - B. Past
 1. Lifetime periods (specific years in the life)
 2. Past relationships (mother, father, family, others)
 3. Childbirth, fetal life
 4. Specific incidents and events
 5. Specific fears and phobias
 - C. Specific
 1. Treating the emotion behind one of the specific physical imbalances or body parts
 2. Treating the emotion behind specific injuries
 3. Treating the emotion behind specific diseases
7. Cellular repair
 - A. Vaccines (damage caused by vaccines)
 - B. Hereditary genetics (treatment of aspects of hereditary genetic diseases where possible)
 - C. Accumulated cellular destruction (repairing the damage caused during the lifetime by various chemical, physical, or emotional traumas)

8. Extrinsic balancing: The Reciprocals

- A. Upper Body - Lower Body
 - 1. upper shoulder/iliac crest
 - 2. shoulder tip/hip
 - 3. shoulder front/front of hip
 - 4. shoulder back/back of hip
 - 5. elbow/knee
 - 6. wrist/ankle
 - 7. navel/coccyx
- B. Head - Body
 - 1. vomer/xiphoid
 - 2. temporal bone/innominate bone
 - 3. zygoma/pubis crest
 - 4. mouth/navel
 - 5. ear/axilla
 - 6. eye/breast
- C. Head - Spinal Complex
 - 1. TMJ/sacroiliac joint
 - 2. sphenoid/coccyx
 - 3. occiput/sacrum
 - 4. styloid/lumbosacral
 - 5. upper spine/lower spine

9. Lymphatic

- A. Linking the zygoma to the lymph glands of the neck, sub-clavicular area, breast, splenic sub-diaphragm area, abdomen, groin

10. The Nervous and Circulatory Systems

- A. Linking the brain to body parts, organs, and endocrines for nerve flow to, or within, the part
- B. Linking the heart (circulation) to body parts, organs, and endocrines for blood flow to, or within, the part

11. Energy Systems

- A. Linking the seven chakras
- B. Vivaxis
- C. Meridians and sugar balance
 - 1. balance the 12 meridian pulses
 - 2. balance the sugar pulses
 - 3. the pancreas reflex point

12. Musculo-skeletal

- A. Intrinsic treatment of the fascia for each of the body parts indicated
- B. Treatment of specific sports injuries and arthritic joints

13. Environmental

Checking for links between the patient and factors in his/her environment; environmental factors include people, animals, chemicals, physical objects, and stressful situations

- A. Linking the physical body to the environment
- B. Linking the emotions to the environment

Some explanations

Spheno-Basilar joint: This technique improves the breathing pattern of the body by releasing the critical sections of the skull that move in synchronicity with the breathing cycle. When measured with a respirometer, it often shows a 30% or greater respiratory output after treatment. It also affects the function of the pituitary gland and, therefore, the whole endocrine system.

Switching: Our left brain is the part of the brain found in both cortices that is considered to handle the normal linear functions of the brain, routine calculations, and day to day simple conscious activity. The right brain involves intuition, creativity, daydreaming, visualization, and complex brain activity.

Normally, the body is constantly switching back and forth between the two 'brains' and we go smoothly from simple functions to complex reasoning and visualization. When we overdo it and over stress ourselves, the body 'switches' and stops that smooth transition and we seem to 'lose it.' Our thoughts become cloudy and our focus poor. This is the brain's way of telling us that we need a break; need to replenish our glucose levels and rest.

For some people, the stress threshold that causes switching is too close to normal activity. These people 'switch' too easily and find themselves constantly losing focus and concentration. Even the stress of having to take an exam will cause them to 'switch' and perform badly. This is common with students or people who work in stressful, performance related jobs.

This technique improves the threshold that causes the switching. Once it is corrected, the brain switches less easily and the patient's performance capacity is increased. This technique is vital in health care because the patient is often stressed from the disease, or even the stress of going to a practitioner. When the body is in the 'switched' mode, it has poor focus and healing ability. The patient will therefore not respond appropriately to the treatment given, often confusing the treatments and giving unusual results or reactions. By 'unswitching' the patient at the beginning of a treatment session, the practitioner can be sure that the body will respond appropriately to the techniques administered or prescribed.

Basic Cortex Correction: It is about repairing the brain from the perspective of communication between the two hemispheres.

By balancing and correcting any faults between the two hemispheres the innate wisdom of the body requests, we are able to help the body recover from many serious diseases and malfunctions. We also greatly enhance the general functioning of the brain and the circulation of blood, cerebrospinal fluid, and nerves within it. One of the most common expressions I hear, after correction, is that the patient suddenly 'feels clearer in the head,' or 'has a greater sense of wellbeing'.

Once this is corrected, the brain will be far more responsive to any therapy. I personally would never touch a patient until I have at least corrected the brain cortices. I have found it to be extremely significant.

Hydration: Hydration problem occurs because of poor osmosis in the cell membranes. Much of the fluid is staying between the cells and not transporting through the cell membrane into the intracellular space where the action occurs. The water is in the body, but it is not being used in the right places.

Scars and Clothing: This techniques treats unhealthy scars and identifies whether or not certain articles of clothing or jewellery are detrimental to the health of the patient; or if they could be interfering with the effectiveness of the treatment.

Unhealthy scars block the flow of energy along the meridian energy pathways and inhibit the function of all the areas supplied by that meridian. Unhealthy scars will also upset the energetic hologram of the body by interfering with the general balance of energy throughout the body.

Many health problems have started when a scar has partially blocked the flow of energy through the body. Scars usually do not heal well when there is an emotional upset going on at the time of the cut is formed, whether it be from an accident or surgery. This is one of the most overlooked and least understood aspects of health care. I have personally treated thousands of scars with amazing results. Often the scar treatment would be all that is necessary to correct the health problem.

Basic Brain Balancing: The basic brain techniques involve balancing and linking the brain in three major sections: the cortices, the limbic brain, and the reptilian brain. This is very important for coordinating the general functions of the brain and its ability to control the bodymind complex.

Vivaxis: The theory says that there is a vivaxis (life-axis) formed at the exact location of the birth that continues to stay in that exact location for the rest of our lives.

As we go about life, the vivaxis continues to keep a connection to us by 'transmitting' through the top of our heads. This transmission keeps us up to date with the energy (or planetary?) influences that are affecting us and contribute to our general well-being.

Whenever the transmission is interrupted, problems can occur. This can happen when a person has moved far from home and interference patterns have been set up in the pathway between him and his vivaxis.

This second theory of vivaxis says that you have a vivaxis problem when you are not aligned with your environment. Your energy patterns are not synchronized with the energy fields around you. This can be within the home, at work, or in the city you live in. It may be a clash with a electrical power grid, overhead power lines, computers, underground streams, and many other variables.

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